

SURESTEP™

POST INSERTION FOLEY CARE SYSTEM

DIRECTIONS FOR USE

GATHER SUPPLIES

- Trash receptacle placed bedside
- Chux or absorbent pad
- Clean gloves
- SURESTEP™ Post Insertion Foley Care Pack



PROCEDURAL SETUP

- Wash hands and don clean gloves
- Place absorbent pad or chux beneath patient
- Remove all 5 wipes from pack and set on absorbent pad
- Place empty pack to side to reference directions and to use orange compliance sticker following completion of procedure
- Note: The Foley catheter can remain secured to the patient throughout the procedure.



FEMALE PROCEDURE

STEP 1 **FOLEY** Start at the meatal junction, gently cleanse the first 1-2" of Foley then stabilize Foley with non-dominant hand while cleaning the remainder of the catheter to the bifurcation.

STEP 2 **LABIA** Clean meatus and distal (far side) labia

STEP 3 **LABIA** Clean proximal (nearside) labia

STEPS 4&5 **GROIN** Clean each inner thigh with a separate cloth in a downward motion

MALE PROCEDURE

STEP 1 **FOLEY** Start at the meatal junction, gently cleanse the first 1-2" of Foley then stabilize Foley with non-dominant hand while cleaning the remainder of the catheter to the bifurcation.

STEP 2 **GLANS** Clean meatus and glans

STEP 3 **SHAFT** Clean shaft and scrotum

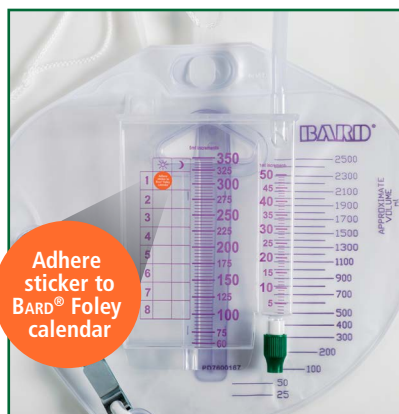
STEPS 4&5 **GROIN** Clean each inner thigh with a separate cloth in a downward motion

Discard soiled wipe in bedside trash receptacle after each step

Orange Sticker Placement

- Remove orange sticker from front of SURESTEP™ Foley Care pack
- Place sticker on BARD® compliance calendar
- Calendar Key:
 - AM hours represented by a sun
 - PM hours represented by a moon

*Follow hospital policy for Foley care frequency and documentation



CAUTIONS AND WARNINGS

- Do not flush wipes
- Discard immediately if dry or damaged
- Do not microwave



SURESTEP™ Post Insertion Foley Care is intended for post insertion daily/PRN Foley care. For external use only. Keep out of eyes. Please consult product inserts and labels for indications, contraindications, hazards, warnings, cautions, and directions for use. Refer to your facility's Foley catheter maintenance protocol for hospital specific policies or procedures.