

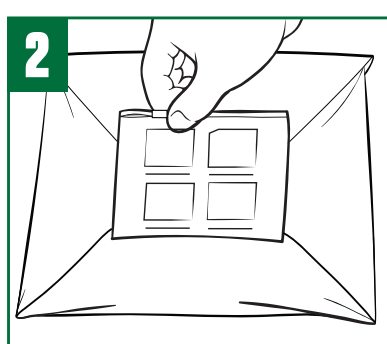
SURESTEP™ Coude Catheter

Directions for Use

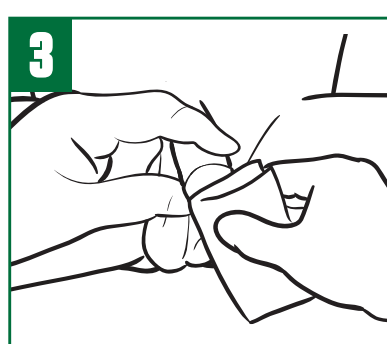
FOLEY TRAY SYSTEM



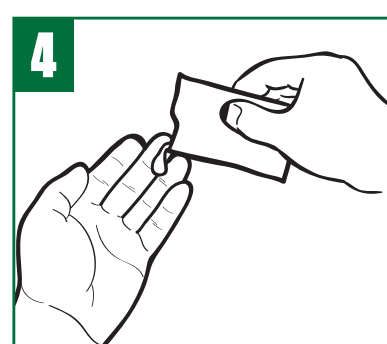
1 Wash hands and don clean gloves



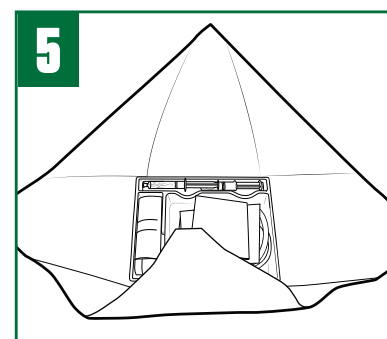
2 Explain procedure to patient and open Peri-Care Kit



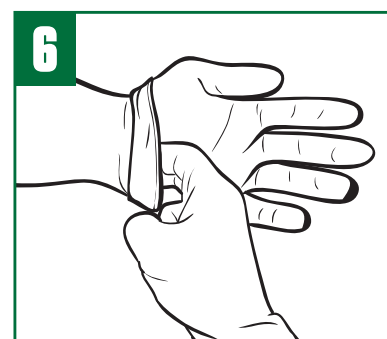
3 Use the provided packet of wipes to cleanse patient's periurethral area



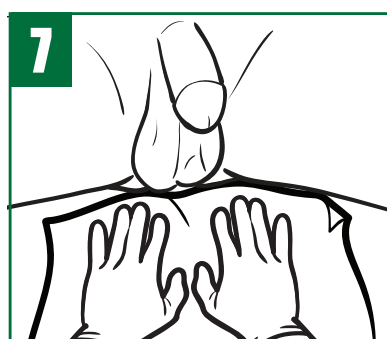
4 Remove gloves and perform hand hygiene with provided alcohol hand sanitizer gel



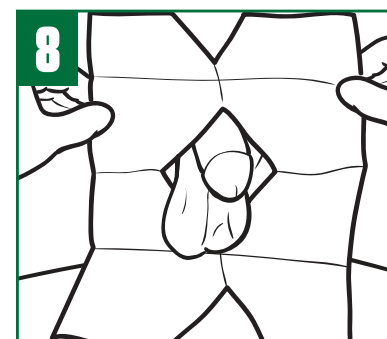
5 Using proper aseptic technique open CSR wrap



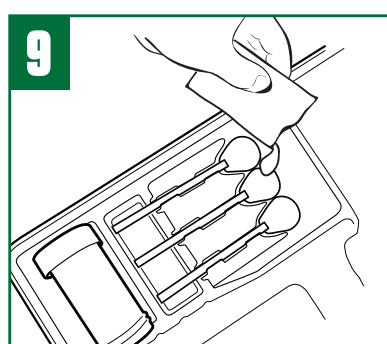
6 Don sterile gloves



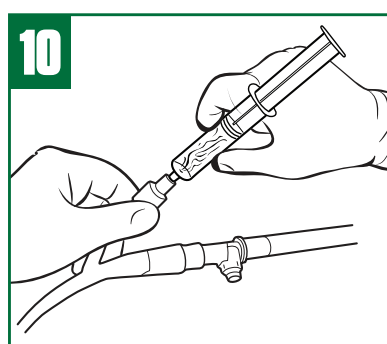
7 Place underpad beneath patient, plastic/"shiny" side down
NOTE: USE CAUTION TO MAINTAIN ASEPTIC TECHNIQUE



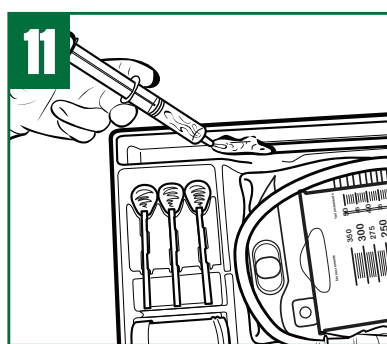
8 Position fenestrated drape on patient



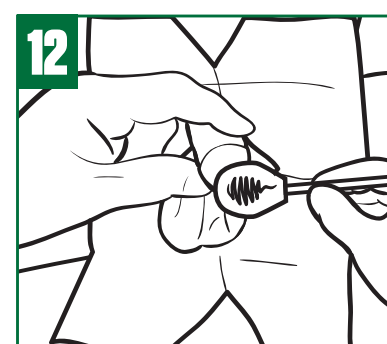
9 Open packet of Povidone Iodine and pour solution over 3 foam swabs



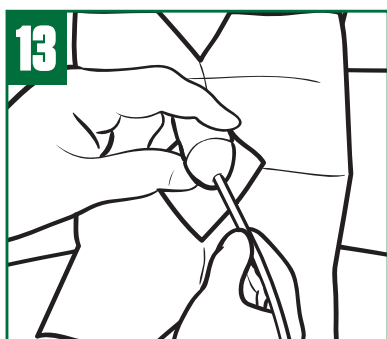
10 Attach the water filled syringe to the inflation port
NOTE: IT IS NOT NECESSARY TO PRE-TEST THE FOLEY CATHETER BALLOON



11 Remove Foley catheter from wrap and lubricate catheter
NOTE: IF HOSPITAL POLICY PERMITS, IT IS POSSIBLE TO INJECT LUBRICANT DIRECTLY INTO THE URETHRA



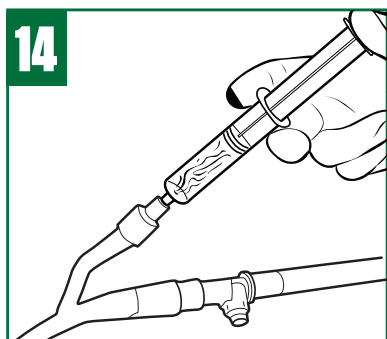
12 With your non-dominant hand, elevate the penis, holding it perpendicular to the body without compressing the urethra. If the patient is not circumcised, retract the foreskin. Prepare patient with 3 foam swabs saturated in Povidone Iodine, using each swab for one swipe only.



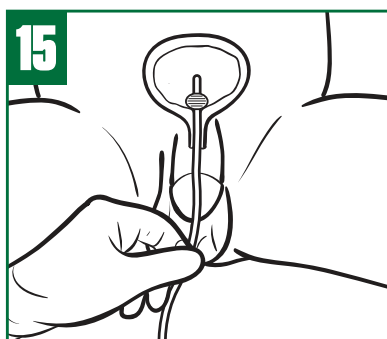
13 Proceed with catheterization by inserting the catheter tip into the meatus with the curved facing upward. As the catheter is advanced within the urethra, the bump on the funnel should continue to face upward. Make sure the patient's penis is held perpendicular as the catheter is inserted and advanced.

NOTE: SOME RESISTANCE MAY BE FELT AS THE CATHETER TIP MEETS THE EXTERNAL SPHINCTER. SLIGHTLY TWISTING THE CATHETER FROM SIDE TO SIDE, WHILE ADVANCING IT MAY HELP THE CATHETER PASS BEYOND THIS POINT. IT MAY BE NECESSARY TO WITHDRAW THE CATHETER A SHORT DISTANCE, AND ATTEMPT TO RE-ADVANCE IT SLOWLY.

- A. When catheter tip has entered bladder, urine will be visible in the drainage tube.
- b. Insert the catheter to the bifurcation or as far as hospital policy permits to ensure the balloon is within the bladder

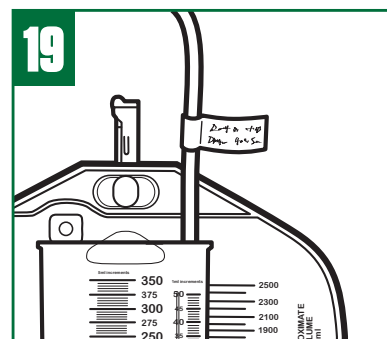


14 Inflate catheter balloon using entire 10cc of sterile water provided in the prefilled syringe
NOTE: USE OF LESS THAN 10cc CAN RESULT IN ASYMMETRICALLY INFLATED BALLOON



15 Once inflated, gently pull catheter until the inflated balloon is snug against the bladder neck
NOTE: IF THE PATIENT IS NOT CIRCUMCISED, PULL THE FORESKIN BACK OVER THE MEATUS TO PREVENT SWELLING

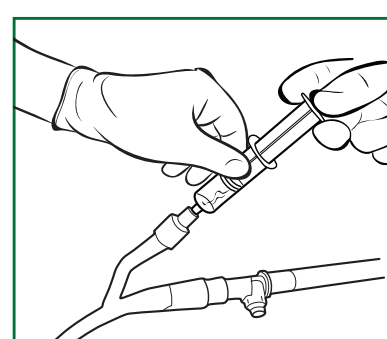
NOTE: CLEANSE THE PENIS IN A CIRCULAR MOTION STARTING AT THE URETHRAL MEATUS AND WORKING OUTWARD



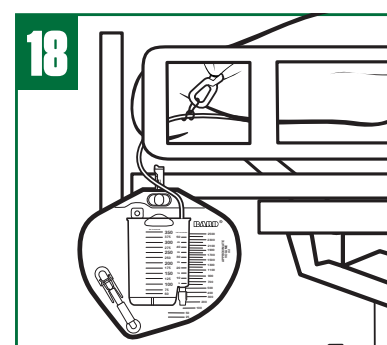
19 Indicate time and date of catheter insertion on provided labels. Place designated labels on patient chart and drainage system



20 Document procedure according to hospital protocol



17 Secure the Foley catheter to the patient. Use the STATLOCK® Foley Stabilization Device if provided (see STATLOCK® Foley Stabilization Device Instructions For Use)
NOTE: PLEASE MAKE SURE PATIENT IS APPROPRIATE FOR USE OF STATLOCK® STABILIZATION DEVICE



18 Position hanger on bed rail at the foot of the bed
NOTE: EXERCISE CARE TO KEEP BAG OFF THE FLOOR

FOLEY CATHETER REMOVAL

1. To deflate catheter balloon: gently insert a Luer lock or slip tip syringe in the catheter valve. Never use more force than is required to make the syringe "stick" in the valve
2. Allow the pressure within the balloon to force the plunger back and fill the syringe with water. If you notice slow or no deflation, re-seat the syringe gently
3. Use only gentle aspiration to encourage deflation if needed. Vigorous aspiration may collapse the inflation lumen, preventing balloon deflation
4. If the balloon will not deflate and if permitted by hospital protocol, the valve arm may be severed. If this fails, contact adequately trained professional for assistance, as directed by hospital protocol
5. Should balloon rupture occur, care should be taken to assure that all balloon fragments have been removed from the patient



C. R. Bard, Inc. 8195 Industrial Blvd. Covington, GA 30014
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Sterile: Contents of inner wrap are sterile unless package has been opened or damaged.
Caution: Federal (U.S.A.) law restricts this device to sale by or on the order of a physician.
Single Use Only. Do not re-sterilize. For urological use only.
Warning: On catheter, do not use ointments or lubricants having a petrolatum base. They will damage the catheter and may cause balloon to burst.
Warning: After use, this product may be a potential biohazard. Handle and dispose of in accordance with accepted medical practices and applicable local, state and federal laws and regulations.
Visually inspect the product for any imperfections or surface deterioration prior to use. If package is opened or if any imperfection or surface deterioration is observed, do not use.
Please consult product label and insert for any indications, contraindications, hazards, warnings, cautions and directions for use.