

SURESTEP™ Foley Tray System Care, Maintenance and Urine Sampling Skills Training Checklist

Objectives:

1. Clinician will demonstrate understanding of the device indications, contraindications, warnings and precautions
2. Clinician will demonstrate understanding of the proper care and maintenance of an indwelling urinary catheter
3. Clinician will demonstrate understanding of the proper procedure for urine sampling

Supplies: SURESTEP™ Foley Tray System

Foley Catheter Care and Maintenance	Task Completed	Trainer Initials
1. Evaluate daily if the patient requires a Foley catheter		
2. Monitor the Foley catheter system at routine intervals <ul style="list-style-type: none"> ✓ Check that tubing and drainage bag are secure and in the proper position ✓ Assess urine for clarity, color, odor or the presence of blood by visually inspecting the urine in the meter, bag or at the sample port or when emptying the drain collection system 		
3. Maintain a closed system by utilizing pre-connected, sealed catheter-tubing junctions		
4. Use green sheet clip to secure drainage tube to sheet. (Never allow tubing to loop/kink).		
5. Maintain unobstructed urine flow		
6. Keep the collection bag below the level of the bladder or hips at all times <ul style="list-style-type: none"> ✓ Exercise care to keep bag off floor ✓ Use drainage bag string during patient transport to situate the bag and prevent backward flow of urine 		
7. Provide daily peri-care according to hospital protocol		
Emptying the Foley Catheter Collection System		
1. Empty the collection system at routine intervals		
2. Perform hand hygiene and don clean gloves		
3. Disengage the outlet tube from housing: <ul style="list-style-type: none"> ✓ If a urine meter bag is used, exercise the spine of the bag and empty urine from meter to bag 		
4. Direct the outlet tube into a clean collection container: <ul style="list-style-type: none"> ✓ Do not allow the tubing to touch the sides of the container 		
5. Release the clamp to empty urine from collection system <ul style="list-style-type: none"> ✓ Avoid splashing 		
6. Re-engage the clamp and reinsert the outlet tube into the housing		

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Urine Sampling	Task Completed	Trainer Initials
1. Perform hand hygiene and don gloves		
2. Occlude or kink the drainage tubing a minimum of three inches below the sample port until urine is visible under the access site		
3. When urine is visible under the sample port, swab the surface of the BARD® EZ-LOK® sampling port with an aseptic wipe		
4. Using aseptic technique, position the Luer lock or slip tip syringe in the center of the sampling port. May also use a Luer-activated sampling system		
5. Hold syringe perpendicular to the surface of the sampling port, press firmly and twist gently to open or access the sampling port		
6. Slowly aspirate the desired volume of urine into the syringe and remove the syringe from the sampling port when complete		
7. If using a syringe, transfer the specimen into a specimen container, label according to hospital protocol and place in a transport pouch		
8. Follow hospital specimen handling guidelines and send specimen to the laboratory immediately or refrigerate until transported		
9. Discard syringe according to hospital protocol		
10. Remove gloves and perform hand hygiene		

Name and Title	
Unit	
Date	
Trainer Name	

Please consult product inserts and labels for any indications, contraindications, hazards, warnings, cautions and directions for use.

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