

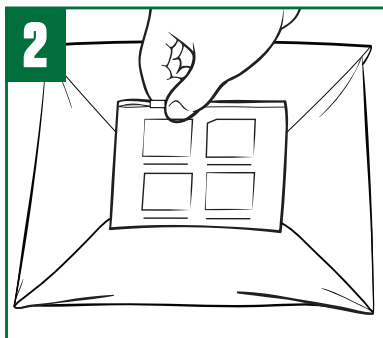
# SURESTEP™

## Directions for Use

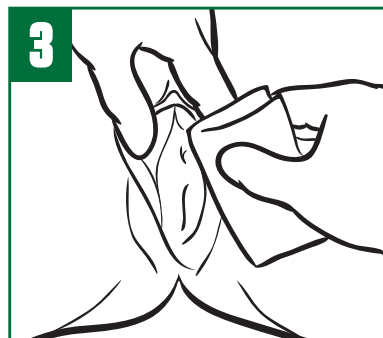
### FOLEY TRAY SYSTEM



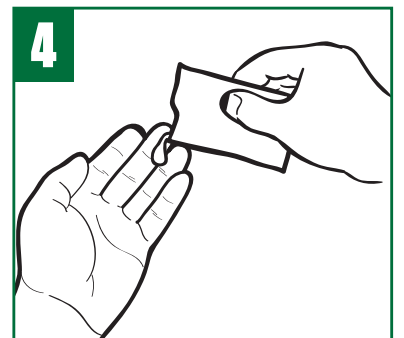
1 Wash hands and don clean gloves



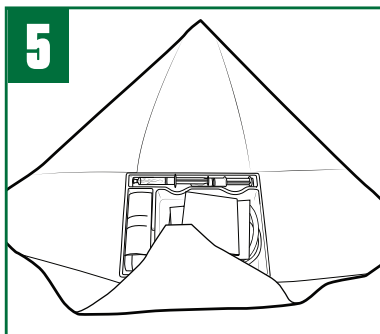
2 Explain procedure to patient and open Peri-Care Kit



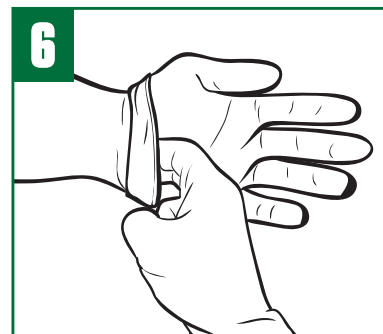
3 Use the provided packet of wipes to cleanse patient's periurethral area



4 Remove gloves and perform hand hygiene with provided alcohol hand sanitizer gel



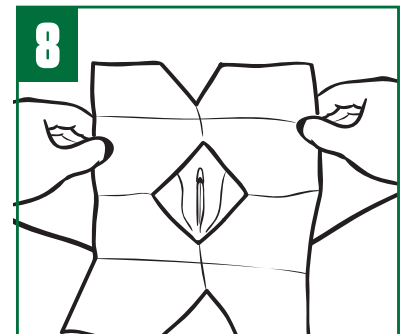
5 Using proper aseptic technique open CSR wrap



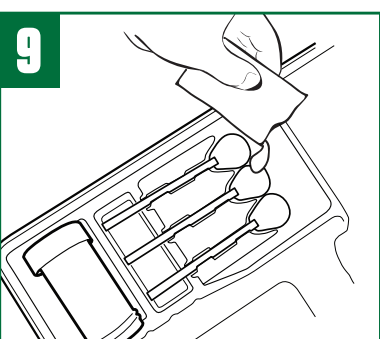
6 Don sterile gloves



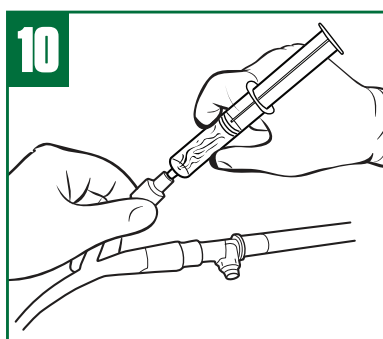
7 Place underpad beneath patient, plastic/"shiny" side down



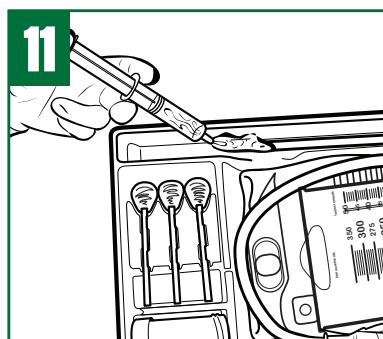
8 Position fenestrated drape on patient



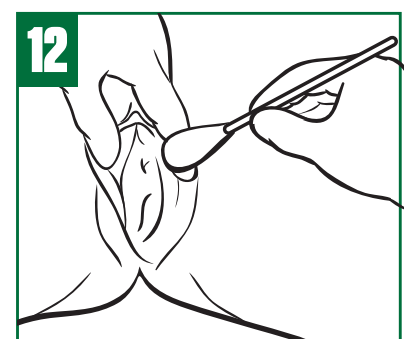
9 Saturate 3 foam swab sticks in Povidone Iodine



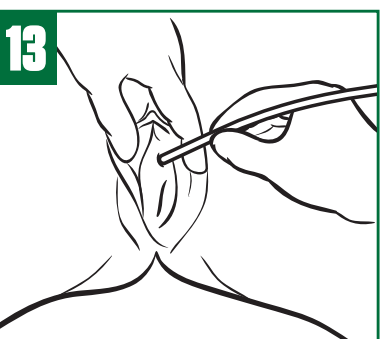
10 Attach the water filled syringe to the inflation port  
**NOTE: IT IS NOT NECESSARY TO PRE-TEST THE FOLEY CATHETER BALLOON**



11 Remove Foley catheter from wrap and lubricate catheter

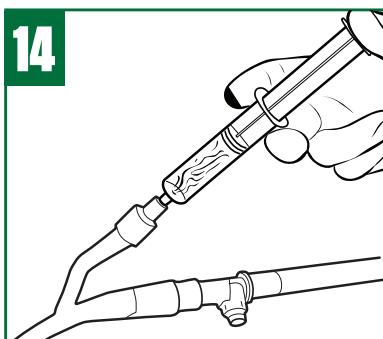


12 Prepare patient with 3 foam swab sticks saturated in Povidone Iodine. Use the nondominant hand for the genitalia and dominant hand for the swabs.



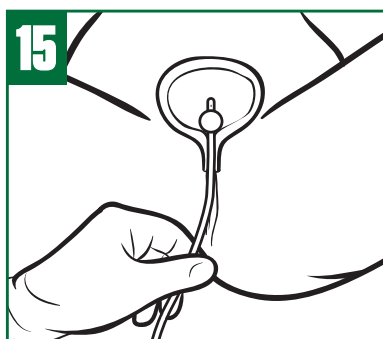
13 Proceed with catheterization in usual manner using the dominant hand.

- a. When catheter tip has entered bladder, urine will be visible in the drainage tube
- b. Insert catheter two more inches and inflate catheter balloon



14 Inflate catheter balloon using entire 10cc of sterile water provided in the prefilled syringe

**NOTE: USE OF LESS THAN 10cc CAN RESULT IN ASYMMETRICALLY INFLATED BALLOON**

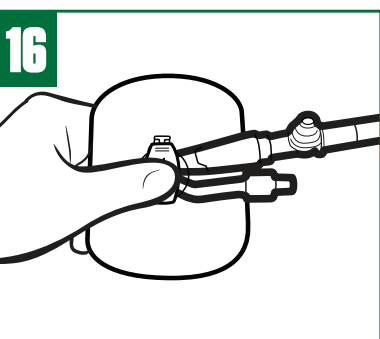


15 Once inflated, gently pull catheter until the inflated balloon is snug against the bladder neck

**NOTE: Use each swab stick for one swipe only**

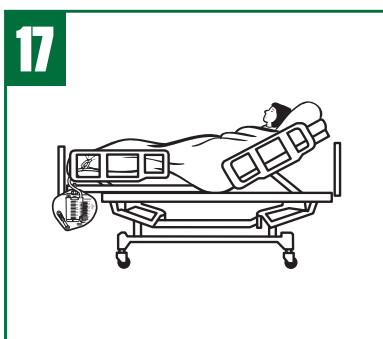
**Female Patient:** with a downward stroke cleanse the right labia minora and discard the swab. Do the same for the left labia minora. With the last swabstick cleanse the middle area between the labia minora

**Male Patient:** Cleanse the penis in a circular motion starting at the urethral meatus and working outward



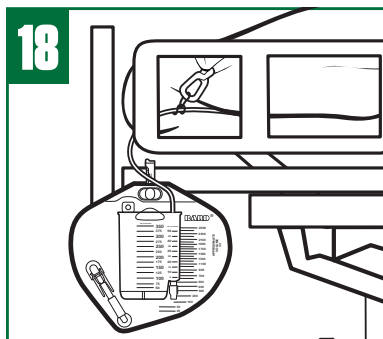
16 Secure the Foley catheter to the patient. Use the STATLock® Foley Stabilization Device if provided (see STATLock® Foley Stabilization Device IFU)

**NOTE: PLEASE MAKE SURE PATIENT IS APPROPRIATE FOR USE OF STATLock® STABILIZATION DEVICE**

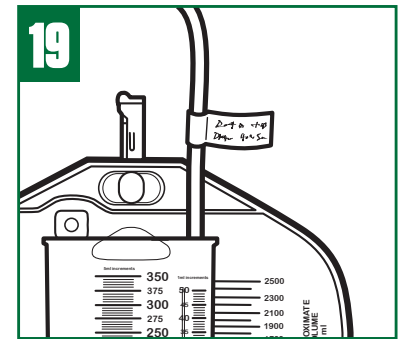


17 Position hanger on bed rail at the foot of the bed

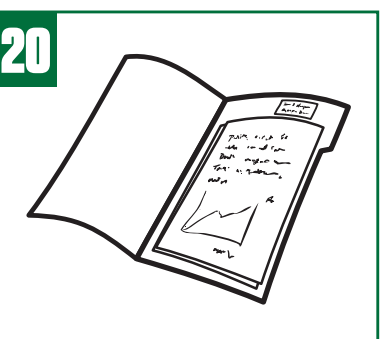
**NOTE: EXERCISE CARE TO KEEP BAG OFF THE FLOOR**



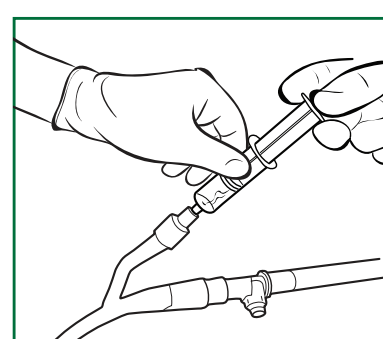
18 Use green sheeting clip to secure drainage tube to the sheet. Make sure tube is not kinked



19 Indicate time and date of catheter insertion on provided labels. Place designated labels on patient chart and drainage system



20 Document procedure according to hospital protocol



#### FOLEY CATHETER REMOVAL

1. To deflate catheter balloon: gently insert a Luer lock or slip tip syringe in the catheter valve. Never use more force than is required to make the syringe "stick" in the valve
2. Allow the pressure within the balloon to force the plunger back and fill the syringe with water. If you notice slow or no deflation, re-seat the syringe gently
3. Use only gentle aspiration to encourage deflation if needed. Vigorous aspiration may collapse the inflation lumen, preventing balloon deflation
4. If the balloon will not deflate and if permitted by hospital protocol, the valve arm may be severed. If this fails, contact adequately trained professional for assistance, as directed by hospital protocol
5. Should balloon rupture occur, care should be taken to assure that all balloon fragments have been removed from the patient

## BARD | MEDICAL

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**Sterile:** Contents of inner wrap are sterile unless package has been opened or damaged.

**Caution:** Federal (U.S.A.) law restricts this device to sale by or on the order of a physician.

**Single Use Only. Do not re-sterilize. For urological use only.**

**Warning:** On catheter, do not use ointments or lubricants having a petrolatum base. They will damage the catheter and may cause balloon to burst.

**Warning:** After use, this product may be a potential biohazard. Handle and dispose of in accordance with accepted medical practices and applicable local, state and federal laws and regulations.

Visually inspect the product for any imperfections or surface deterioration prior to use. If package is opened or if any imperfection or surface deterioration is observed, do not use.

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Please consult product label and insert for any indications, contraindications, hazards, warnings, cautions and directions for use.  
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